

2010 CFO Campaign Wounded Warrior Story

Marine Master Sergeant (Ret) Carl Traub

(229 words)

Injured hero gives back by racing Marine Corps Marathon

The Traub family exemplifies the commitment of caregivers and the goal of “hope beyond recovery.”

Marine Master Sergeant (Retired) Carl Traub lost both legs and suffered paralysis from a severe spinal cord injury after an IED attack, while serving his country in Iraq. Despite these setbacks, he continues to serve his community and support his fellow injured warriors.

On October 25, 2009, Marine MSgt Traub raised a significant amount of money for a CFC supported charity that helps wounded warriors, by completing the Marine Corps Marathon in Arlington, VA. “I had always meant to run the Marine Corps Marathon when I had legs,” said Traub. This year he achieved that goal on a hand cycle, finishing in just under five hours,

Marine MSgt Traub’s chosen charity provides a number of services for wounded veterans like himself including financial, physical and emotional support. The CFC supported charity recently helped install a pool in his backyard allowing him to play with his two sons and get the necessary exercise he needs to continue his recovery.

Despite his wheelchair bound, double-amputee status, Mr. Traub views his injuries not as a setback, but as an opportunity. Now, medically retired from the Marine Corps, Mr. Traub is enrolled in college and the family is in the process of adopting foster children. Both sons, when older are looking forward to careers in the Marine Corps.
